General list of personal items required for Cub and Scout camps

**Personal health items**

* Sun protection
* Toothbrush and paste
* Soap
* Towel for a shower
* Hair brush
* Insect protection

**Mess bag items – labelled with name**

* Small bag containing
* Cup (plastic)
* Plate and bowl (plastic)
* Knife, fork and spoon
* Tea towel

**Sleeping items – no swags due to tent space**

* Sleeping bag
* Pillow
* Sketcher or Air mattress etc
* Extra blanket etc (optional)
* Warm clothes for sleeping eg bed socks
* **Parents attending must have their own tent**

**Personal clothing– labelled with name**

* Hat
* Warming clothing
* Cold clothing for hot weather
* Clothing suitable for walking in the bush
* Boots or joggers suitable for walking in the bush
* Rain coat

**Badge work items for cubs only optional for scouts**

* Camera – if taking part in photography badge (optional)

# **Activity Specific Items**

**Swimming or water activities:**

* 3 x towels, two for swimming and one for the shower afterwards
* Swimmers and t-shirt (sun protection)
* Floating devices – including noodles, blow up balls and mattresses
* Sun cream protection

**Bushwalking items**

* Small Backpack, water bottle suitable to carry a drink or camel pack
* Small First aid kit
* Compass (optional)
* Light weight rain coat
* Clothing suitable for walking in the bush
* Boots or joggers suitable for walking in the bush
* Hat, insect and sun protection

**Caving or rock activities items**

* Old clothes and joggers suitable to get muddy
* Small Backpack, water bottle suitable to carry a drink and snacks
* Small First aid kit
* Sun protection

# **This list is only to assist parents in preparing for camping and other activities**